

PO Box 294, Merimbula, NSW 2548 Tel/Fax 02 6495 9122 Architecture@InvincibleAustralia.org www.vedicarchitecture.com.au

## Vastu Home for one Australian Purusha

We are very proud of all our Australian Purusha – some are in Australia but many are in various places around the world doing the work Maharishi has requested. Richard Barnes is one of our best known Purusha and has been on the Purusha Program since it's beginning in 1981. While still on the Purusha Program Richard has taken the opportunity to create his own Vastu Home in Bega, Southern New South Wales.

Richard was recently living with other Purusha members at the Movement's Lake George property in South Australia. He has had a long held desire to live on the South East coast of Australia and he visited several areas before deciding Bega offered the right opportunities. He purchased an ideal Vastu lot with a great outlook in a new small subdivision on the outer edge of Bega and then set about drawing up plans for his desired home.

The plans, the approvals, the engagement of a builder and a surveyor and then the supervision of the construction phase was all carried out by Richard from 1500km away at Lake George. He is extremely happy with his new home and is enjoying living in Vastu.



View to the North East

View to the East

Richard has installed a 1.5 KW grid connect solar system which consists of 9 solar panels and an inverter. The Federal Government provided a rebate on the purchase of the solar system and the NSW Government pay a feed in tariff of 60c/KW for power put back into the grid/network. Richard currently supplies more power to the grid than he uses and accordingly is in credit with the power company.

The water requirements of the home are primarily supplied by rainwater collected from the roof into a 22,000 litre water tank. If the tank level falls below the 25% mark it is automatically topped up by town water.

Rainfall has been good since Richard's arrival and so he has enjoyed free water so far.

Outside the Vastu there is a small garage which has been extended to provide a good size workshop where Richard can utilise his wood working and carving skills.

The home is protected by a timber Vastu Fence and completed with a Vedic Kalash on the roof.



The Site

**The Home** 

The 120m<sup>2</sup> home has a large living, dining and kitchen area – Richard is a wonderful cook and has two well stocked organic whole-food shops in the area from which he can choose his special ingredients. He also has his own veggie garden well underway and has planted 18 fruit and nut trees. The house has two bedrooms, bathroom, meditation room and a timber porch covering the east door.

The pine paneling in the living, dining and kitchen gives a warm homely feel – once you sit down in one of Richard's very comfortable chairs there is a feeling of being content and it is hard to muster the discipline to leave. The other rooms are lined with plaster board and painted with non toxic paints in soft pastel colours. The internal wall framing is treated with an organic termite repellant and the timber floors are burnished hardwood – no varnish. The kitchen benches are in the same timber and treated similarly.

The roof is corrugated colorbond and the external wall cladding is Weathertex weather-boards – steam pressed timber chips with no glue added – a very environmentally friendly product.



**Kitchen and Dining** 

Living area



## **Comments by Richard;**

Building this Maharishi Sthapatya-vedic house has been very fulfilling. It seemed to be the catalyst for all good things coming together.

Mike Lyons, the MSV Consultant and Meredith Lyons, the Vastu Coordinator played an invaluable role having had experience with building in general and the specific knowledge of building according to vastu principles. They were very generous with their time and advice.

The house is simple and practical. The lifestyle I lead does not require an elaborate house--I wanted a smallish, inexpensive, non-toxic, low maintenance, vedic house on the edge of a nice country town. It's on a little hill with the river (and the ocean not far away) to the east.

It has turned out well. I think a proper vastu dwelling is a very good and necessary desire to have for health, happiness, wisdom, and Heaven on Earth. I am more than happy with the actual benefits now that I am here for ten months.

With solar power, rain water tank, and 18 fruit trees and vege patch, it is fairly self-sufficient.

The cost was about half or a third the cost of the average family home.

Richard is also an accomplished artist. His beautiful Vedic paintings move and amaze everyone that has the good fortune to view them. He paints his larger vibrant works in gouache but is just as comfortable sketching a postcard size drawing of Maharishi with a pencil.

You can see more pics on his website www.richardbarnes.shutterfly.com





Paintings

Richard is happily doing a few little jobs in and around the house to finish things off and make the home the way he envisaged it to be. He has had great support of nature right from the beginning, in finding suitable land, building from a distance and now enjoying living in Vastu. He has also had great support from his neighbours although he doesn't have a lot of time to spend with them.

The overwhelming feeling you receive when visiting Richard is that he is a self-referral, self sufficient, comfortable, content, happy and wonderful human being living his life in accordance with his high ideals and desires. Everything seems to be as it should be for Richard.

## NOTE: YOU CAN ENLARGE THE PICTURES/PAINTINGS USING THE ZOOM TOOL.

"If you are not living in a proper Vastu, then it will mean that you have not brought electricity in your house; as if you are living in a dark house. Vastu is very, very important; it is absolutely important. And when you are living in Vastu, don't go anywhere where you have to spend the night in a non-Vastu house; absolutely don't go. The whole set up of the brain functioning is completely uneven when you live in the non-Vastu houses. When you live in a Vastu house, then particularly when you go to a non-Vastu house, in one to two days you will begin to feel like a fish out of water. That coherence, that harmony, that peace, that softness that you feel inside in your Vastu home, it loses its evenness, it loses its bliss. So, try to live in Vastu. You have heard this from me so many times." — Maharishi

## Healthy, Wealthy and Wise in Buildings built in accordance with Natural Law.

Mike Lyons, National Architecture Director for AustraliaMaharishi's Global Administration through Natural Law Ltdwww.vedicarchitecture.com.auwww.Maharishivastu.orgwww.vastubuildings.comhttp://www.youtube.com/user/VastuArchitecture

Fortune-Creating<sup>TM</sup>, Maharishi®, Maharishi Sthapatya Veda<sup>TM</sup>, and Vastu<sup>TM</sup> are trade marks of Maharishi's Global Administration through Natural Law Ltd. (MGANL) ABN 20 001 342 301 a non-profit educational organisation with Registered Office at 190 Greenhill Road, Parkside SA 5063